



## Dr. Roger Landry and “Live Long, Die Short” Campaign Highlights

Dr. Roger Landry has been featured nationally and internationally on radio and TV with **NBC, FOX News, ABC and CBS** as well as **BBC, Growing Bolder, 2GB radio (Australia), and Radio Live and Tumeke FM (New Zealand)**. Dr. Landry has also written exclusive articles, and been called on as an expert in the field of aging by publications such as *Esquire Magazine, Los Angeles Daily News, Senior Planet, Journal of Aging and Health, Denver Post, About.com –Assisted Living, Expert Beacon, eHow, ThirdAge, Grand Magazine* and *MBLN*. Dr. Landry is regularly featured in *US News and World Report, Huffington Post (US/Canada), MindBodyGreen.com* and *The Good Men Project*. His book, *Live Long, Die Short* has been endorsed by **AARP**, is a **Living Now Book Award Gold Medal Winner** and was a **2014 Top Pick in MORE** magazine.

Below is a sample of some of Dr. Landry’s campaign highlights...

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### Articles by Dr. Landry

**Good Men Project:** *Before They Were Men, These Boyhood Friends Were a Band of Brothers*

<https://goodmenproject.com/featured-content/the-magical-15-landry-jrmk/>

**eHow:** *Five Surprising Health Tips for Men*

<http://www.ehow.com/ehow-extras/blog/five-surprising-health-tips-for-men/>

**Huffington Post:** *Six Steps to Help You Genuinely Forgive*

[http://www.huffingtonpost.com/roger-landry-md-mph/steps-to-help-you-forgive\\_b\\_8245096.html](http://www.huffingtonpost.com/roger-landry-md-mph/steps-to-help-you-forgive_b_8245096.html)

**US News & World Report:** *The Big Uneasy ... STRESS*

<http://health.usnews.com/health-news/blogs/eat-run/2014/06/11/surviving-the-big-uneasy-stress>

**US News & World Report:** *Cowboys and Demons*

<http://health.usnews.com/health-news/blogs/eat-run/2015/06/23/cowboys-and-demons-lessons-about-healthy-aging>

**MindBodyGreen.com:** *The Two Most Important Things That We Can Do to Protect Brain Health*

<http://www.mindbodygreen.com/0-22100/the-two-most-important-things-we-can-all-do-to-protect-our-brain-health.html>

### Articles Written About Dr. Landry

**LeadingAge Magazine:** *Beginning the Conversation About Ageism*

<http://www.leadingage.org/magazine/november-december-2016/beginning-conversation-about-ageism>

**Los Angeles Daily News:** *Dr. Roger Landry’s “Live Long, Die Short” (Part 1 of 3)*

<http://www.dailynews.com/health/20150202/successful-aging-insight-into-dr-roger-landrys-live-long-die-short>

**Denver Post:** *Claire Martin: Aging Well Begins with Being Social and Consciously Contributing to Your Community*

[http://www.denverpost.com/food/ci\\_25395758/aging-well-begins-with-being-active-social-and-consciously-contributing-to-your-community](http://www.denverpost.com/food/ci_25395758/aging-well-begins-with-being-active-social-and-consciously-contributing-to-your-community)

**Huffington Post:** Dr. Susan Taylor, *How Many Times Today Did You Feel in a Rush?*  
[http://www.huffingtonpost.com/dr-susan-taylor/feeling-rushed\\_b\\_4986248.html](http://www.huffingtonpost.com/dr-susan-taylor/feeling-rushed_b_4986248.html)

**ICAA – Transforming Wellness**  
<http://mymasterpieceliving.com/content/uploads/2015/07/Wellness-to-transformation.pdf>

**Senior Planet:** Dr. Roger Landry's Rx for Aging: *Live Long, Die Short*  
<http://seniorplanet.org/dr-roger-landrys-rx-for-aging-live-long-die-short/>

## TV Appearances

**Growing Bolder TV** (LIFE event at UCF)  
<https://www.growingbolder.com/life-at-ucf-3035015/>

**Breakfast TV Vancouver**  
<http://www.btvancouver.ca/videos/5137103141001/>

**Growing Bolder TV**  
<https://www.growingbolder.com/?s=dr.+roger+landry>

**WTNH Channel 8 Connecticut CT Style:**  
<http://wtnh.com/2014/05/19/book-lovers-corner-live-long-die-short/>

**CBS 11 DFW**  
<http://broadcast.burresluce.com/default.aspx?AID=3363160>

## Radio and Podcast

**Not Old – Better with Paul Vogelzang**  
<https://soundcloud.com/notoldbetter/roger-landry-md-live-long-die>

**The Patricia Raskin Show:**  
<http://mymasterpieceliving.com/dr-roger-landry-on-the-patricia-raskin-show/>

**Journey Through Aging:**  
<http://journeythroughaging.org/wp-content/uploads/2013/01/JTA-for-01-19-13-seg-4.mp3>

**Peter Bowes Journal:**  
<http://www.peterbowes.com/2014/03/live-long-die-short-case-for.html>

**WAMC w/ Alan Chartock:**  
<http://wamc.org/post/wamcs-alan-chartock-conversation-roger-landry-md-mph>

**Boomers Rock Radio with Tom Matt**  
<http://www.boomersrock.us/podcast/interview-with-dr-roger-landry/>